

Week Three

"WEEK 3 MENU RUNS WEEKS BEGINNING 30/4, 21/5, 11/6, 27/8, 17/9 AND 8/10"

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread
Choice 1	Macaroni Cheese Garlic & Herb Bread	Chicken Curry with Rice	Mince Pie with Potatoes	Meatballs in Tomato Sauce with Pasta	Italian Mince Garlic & Herb Bread
Choice 2	Baked Beans on Toast	Cheese & Tomato Pizza Spiced or Plain Diced Potatoes	Tuna Pasta Salad	Fish Fingers Oven Chips or Potatoes	Hot Dog & Onions Herb or Plain Potato Wedges
Choice 3 Deli	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day
Vegetarian Option	Cheese & Tomato Quiche with Potatoes	Quorn Chilli with Rice	Cauliflower Crunch with Potatoes	Quorn Meatballs in Tomato Sauce with Pasta	Quorn Italian Mince Garlic & Herb Bread
Vegetables	Broccoli Side Salad Fresh Vegetable Bag	Spiced Onion Salad Side Salad Fresh Vegetable Bag	Carrots Side Salad Fresh Vegetable Bag	Peas & Sweetcorn Side Salad Fresh Vegetable Bag	Mixed Vegetables Side Salad Fresh Vegetable Bag
Dessert	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit
Drinks	Plain Semi- Skimmed Milk Refresh Water	Plain Semi- Skimmed Milk Refresh Water	Plain Semi- Skimmed Milk Refresh Water	Plain Semi- Skimmed Milk Refresh Water	Plain Semi- Skimmed Milk Refresh Water



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Introducing Broccoli Bill



with Vegetarian option



"HELLO KIDS I'M BROCCOLI BILL, HERE TO HELP YOU MAKE GOOD FOOD CHOICES!"

The new Spring/Summer Menu starts 16 April 2018

BROCCOLI BILL WAS THE WINNING ENTRY OF THE FUEL ZONE MASCOT COMPETITION DESIGNED BY RUARIDH MCKENZIE OF CLYDE PRIMARY SCHOOL.

Week One

"WEEK 1 MENU RUNS WEEKS BEGINNING 16/4, 7/5, 28/5, 18/6, 13/8, 3/9 AND 24/9"

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread
Choice 1	Lasagne Garlic & Herb Bread	Sausages in Gravy with Potatoes	Roast Chicken Yorkshire Pudding with Potatoes	Savoury Mince with Potatoes	Chicken Casserole with Potatoes
Choice 2	Chicken Burger in a Bun Spiced or Plain Diced Potatoes	Chicken & Rice with Crusty Bread	Baked Beans on Toast	Cheese & Tomato Pizza Herb or Plain Potato Wedges	Fish Fingers Oven Chips or Potatoes
Choice 3 Deli	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day
Vegetarian Option	Vegetable Lasagne Garlic & Herb Bread	Quorn Sausages in Gravy with Potatoes	Broccoli Quiche with Potatoes	Quorn Savoury Mince with Potatoes	Quorn Moussaka
Vegetables	Sweetcorn Side Salad Fresh Vegetable Bag	Baked Beans Side Salad Fresh Vegetable Bag	Turnip Side Salad Fresh Vegetable Bag	Cabbage Side Salad Fresh Vegetable Bag	Green Beans Side Salad Fresh Vegetable Bag
Dessert	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit
Drinks	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water

Week Two

"WEEK 2 MENU RUNS WEEKS BEGINNING 23/4, 14/5, 4/6, 25/6, 20/8, 10/9 AND 1/10"

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread	Homemade Soup Selection of Bread
Choice 1	Belmont Pie with Potatoes	Macaroni Cheese Garlic & Herb Bread	Chicken Curry with Rice	Roast Sirlion of Beef & Yorkshire Pudding Roast Potatoes	Breaded Fish with Potatoes
Choice 2	Cheese & Tomato Pizza with Pasta	Beef Burger in Gravy with Potatoes	Baked Beans on Toast	Sweet Chilli Chicken Breast in a Bun Herb or Plain Potato Wedges	Tandoori or Plain Chicken Chunks Salad Wrap Herb or Plain diced potatoes
Choice 3 Deli	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day	Sandwich or Baked Potato with Filling of the Day
Vegetarian Option	Broccoli Cauliflower Pasta	Spicy Quorn with Rice	Vegetable Curry with Rice	Quorn Fajita	Cheesy Potato Bake
Vegetables	Vegetable Medley Side Salad Fresh Vegetable Bag	Cauliflower Side Salad Fresh Vegetable Bag	Tomato & Onion Salad Side Salad Fresh Vegetable Bag	Broccoli Side Salad Fresh Vegetable Bag	Garden Peas Side Salad Fresh Vegetable Bag
Dessert	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit	Yoghurt Selection of Fruit
Drinks	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water	Plain Semi-Skimmed Milk Refresh Water



"YUM!"

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DELIVERING FOR GLASGOW

"SELECT A MAIN MEAL, DRINK AND DESSERT, CHOOSE AS MUCH FRUIT AND VEG, SOUP AND BREAD AS YOU LIKE!"

